



28. Int. Österreichische Mastersmeisterschaften

01.10./02.10.2016



Fortsetzung Bewerb 2 - 400m Freistil Herren

Altersklasse 35

| | | | | | | | |
|----|-----------------|------|-----|--------------------------------------|----------|--------|-----|
| 3. | Mikolas, Martin | 1979 | SVK | Master Swimming Club Turciansky Raci | 04:54,35 | +30.07 | 558 |
|----|-----------------|------|-----|--------------------------------------|----------|--------|-----|

50m: 00:32,55, 100m: 01:07,74 (00:35,19), 150m: 01:43,47 (00:35,73), 200m: 02:20,32 (00:36,85)
250m: 02:58,13 (00:37,81), 300m: 03:36,45 (00:38,32), 350m: 04:15,62 (00:39,17), 400m: 04:54,35 (00:38,73)

--- 2. Abschnitt ---

Fortsetzung Bewerb 4 - 50m Schmetterling Herren

Altersklasse 35

| | | | | | | | |
|----|-----------------|------|-----|--------------------------------------|----------|--------|-----|
| 7. | Mikolas, Martin | 1979 | SVK | Master Swimming Club Turciansky Raci | 00:31,01 | +01.34 | 566 |
|----|-----------------|------|-----|--------------------------------------|----------|--------|-----|

RT +0.88 50m: 00:31,01

Fortsetzung Bewerb 10 - 100m Freistil Herren

Altersklasse 35

| | | | | | | | |
|----|-----------------|------|-----|--------------------------------------|----------|--------|-----|
| 3. | Mikolas, Martin | 1979 | SVK | Master Swimming Club Turciansky Raci | 01:01,08 | +05.33 | 596 |
|----|-----------------|------|-----|--------------------------------------|----------|--------|-----|

RT +0.84 50m: 00:29,44, 100m: 01:01,08 (00:31,64)

Fortsetzung Bewerb 12 - 100m Lagen Herren

Altersklasse 35

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|----|-----------------|------|-----|--------------------------------------|----------|--------|-----|
| 2. | Mikolas, Martin | 1979 | SVK | Master Swimming Club Turciansky Raci | 01:11,11 | +06.24 | 509 |
|----|-----------------|------|-----|--------------------------------------|----------|--------|-----|

RT +0.84 50m: 00:33,75, 100m: 01:11,11 (00:37,36)